Service Providers

General Eligibility

- Active duty, National Guard and Reserve Component service members
- Immediate family members
- Coast Guard when activated with the Navy
- Civilian Expeditionary Workforce

Private and Confidential

Privacy is protected

- Your personal information will not be
  - Provided to the military or chain of command
  - Shared with family or friends
  - Released to other agencies

Privacy Exceptions

- Duty to warn
- Suspected family maltreatment (domestic violence, child or elder abuse/neglect)
- Harm to self or others
- Illegal activity

Range of Support

Military OneSource: Something for Everyone

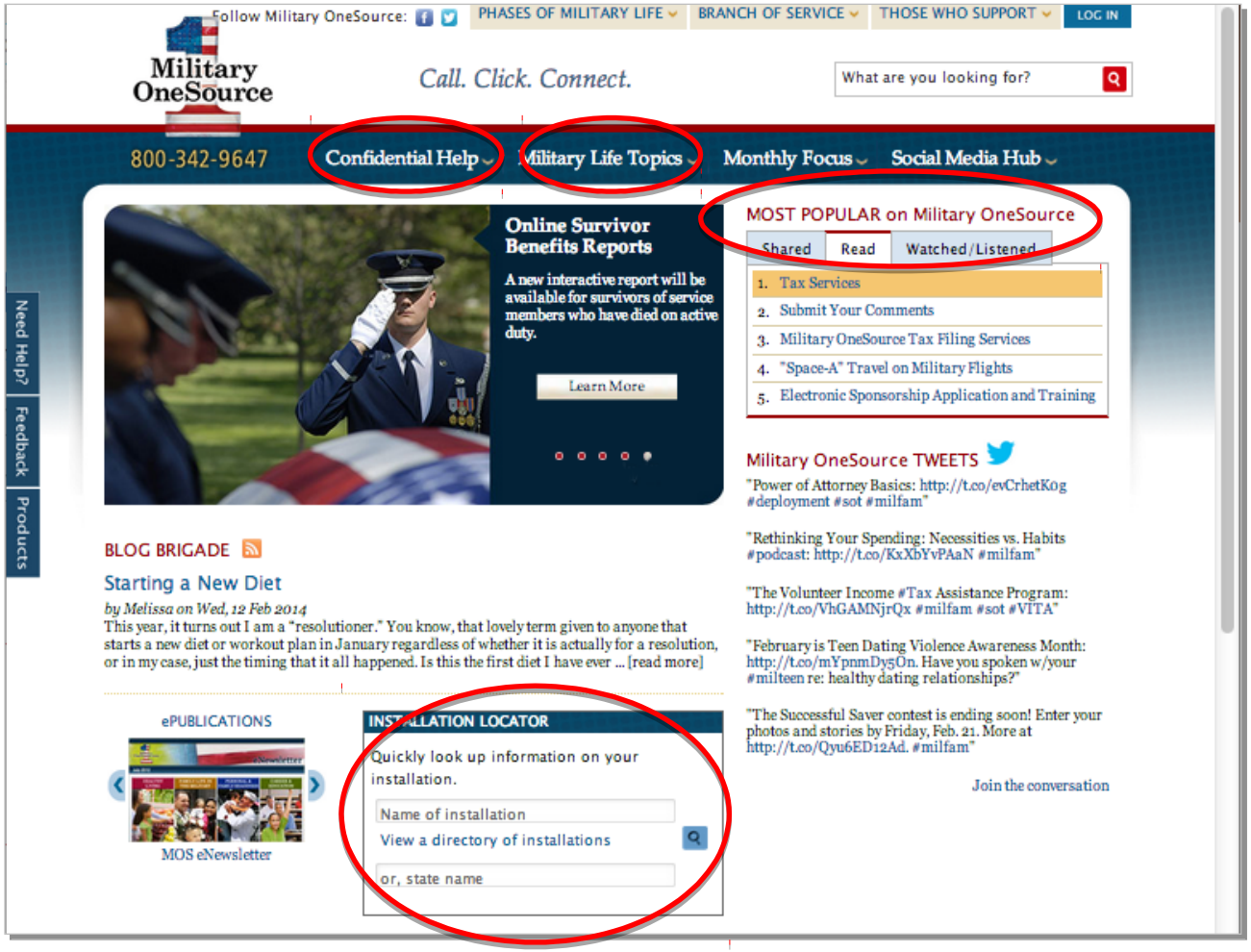
- Did you know Military OneSource has…
  - Smart shopping tips (audio clips)
  - Planning for your golden years (video)
  - Connecting with your child (booklet)
  - Dealing with your stress (downloadable)
  - Disaster preparation (webinar)

Military OneSource

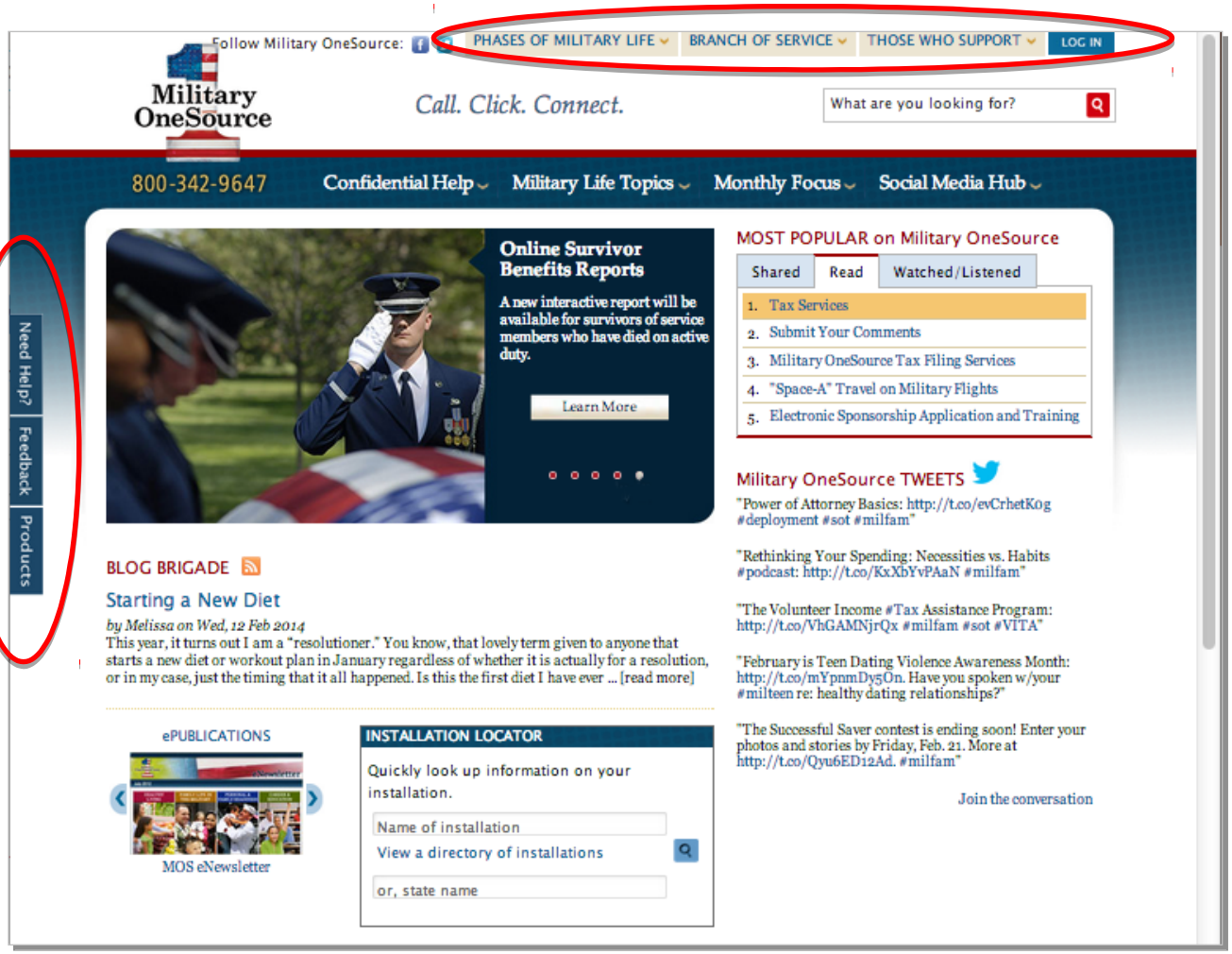
Our Websites

Military OneSource

Military OneSource Homepage


Follow Military OneSource:
PHASES OF MILITARY LIFE
BRANCH OF SERVICE
THOSE WHO SUPPORT
LOG IN
Military OneSource
Call. Click. Connect.
What are you looking for?
800-342-9647
Confidential Help
Military Life Topics
Monthly Focus
Social Media Hub
Need Help?
Feedback
Products
Online Survivor Benefits Reports
A new interactive report will be available for survivors of service members who have died on active duty.
Learn More
MOST POPULAR on Military OneSource
Shared
Read
Watched/Listened
1. Tax Services
2. Submit Your Comments
3. Military OneSource Tax Filing Services
4. "Space-A" Travel on Military Flights
5. Electronic Sponsorship Application and Training
Military OneSource TWEETS
"Power of Attorney Basics: http://t.co/evCrhetK0g #deployment #sot #milfam"
"Rethinking Your Spending: Necessities vs. Habits #podcast: http://t.co/KxXbYvPAaN #milfam"
"The Volunteer Income #Tax Assistance Program: http://t.co/VhGAMNjrQx #milfam #sot #VITA"
"February is Teen Dating Violence Awareness Month: http://t.co/mYpnmDy5On. Have you spoken w/your #milteen re: healthy dating relationships?"
"The Successful Saver contest is ending soon! Enter your photos and stories by Friday, Feb. 21. More at http://t.co/Qyu6ED12Ad. #milfam"
Join the conversation
BLOG BRIGADE
Starting a New Diet
by Melissa on Wed, 12 Feb 2014
This year, it turns out I am a "resolutioner." You know, that lovely term given to anyone that starts a new diet or workout plan in January regardless of whether it is actually for a resolution, or in my case, just the timing that it all happened. Is this the first diet I have ever ... [read more]
ePUBLICATIONS
MOS eNewsletter
INSTALLATION LOCATOR
Quickly look up information on your installation.
Name of installation
View a directory of installations
or, state name

Military OneSource Homepage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MOS eNewsletter
INSTALLATION LOCATOR
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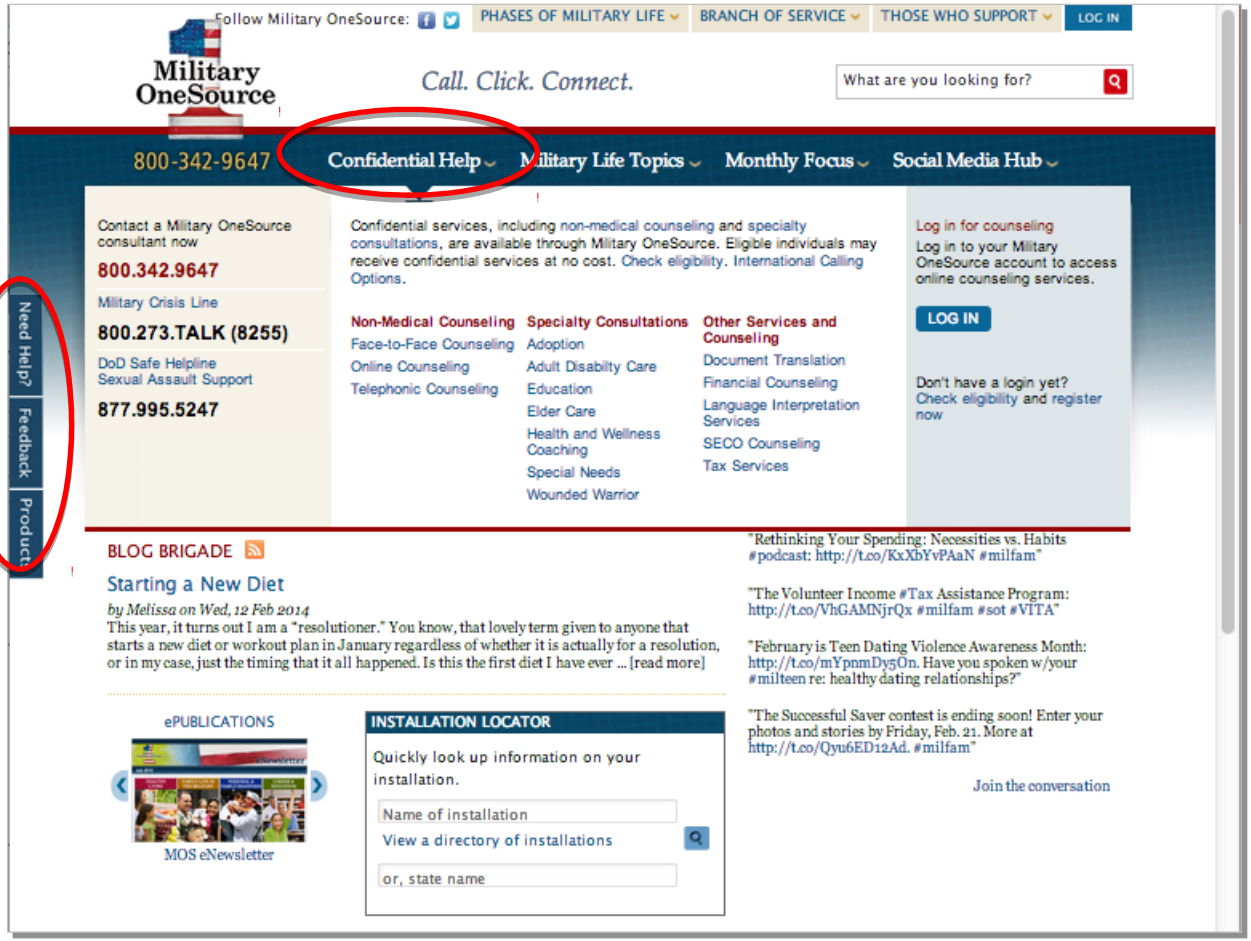
Name of installation
View a directory of installations
or, state name

Confidential Help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BRANCH OF SERVICE
THOSE WHO SUPPORT
LOG IN
Military OneSource
Call. Click. Connect.
What are you looking for?
800-342-9647
Confidential Help
Military Life Topics
Monthly Focus
Social Media Hub
Contact a Military OneSource consultant now
800.342.9647
Military Crisis Line
800.273.TALK (8255)
DoD Safe Helpline
Sexual Assault Support
877.995.5247
Need Help?
Feedback
Product
Confidential services, including non-medical counseling and specialty consultations, are available through Military OneSource. Eligible individuals may receive confidential services at no cost. Check eligibility. International Calling Options.
Non-Medical Counseling
Face-to-Face Counseling
Online Counseling
Telephonic Counseling
Specialty Consultations
Adoption
Adult Disability Care
Education
Elder Care
Health and Wellness Coaching
Special Needs
Wounded Warrior
Other Services and Counseling
Document Translation
Financial Counseling
Language Interpretation Services
SECO Counseling
Tax Services
Log in for counseling
Log in to your Military OneSource account to access online counseling services.
LOG IN
Don't have a login yet?
Check eligibility and register now
BLOG BRIGADE
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View a directory of installations
or, state name

Spouse Education and Career Opportunities Program

Military Spouse Career Center at Military OneSource

- **Spouse Education and Career Opportunities comprehensive counseling service available to ALL military spouses.**
- **Career exploration and discovery**
- **Education, training and state licensing/credentialing requirements**
- **Employment readiness**
- **Career connections**
- https://www.militaryonesource.mil/ **and** https://myseco.militaryonesource.mil

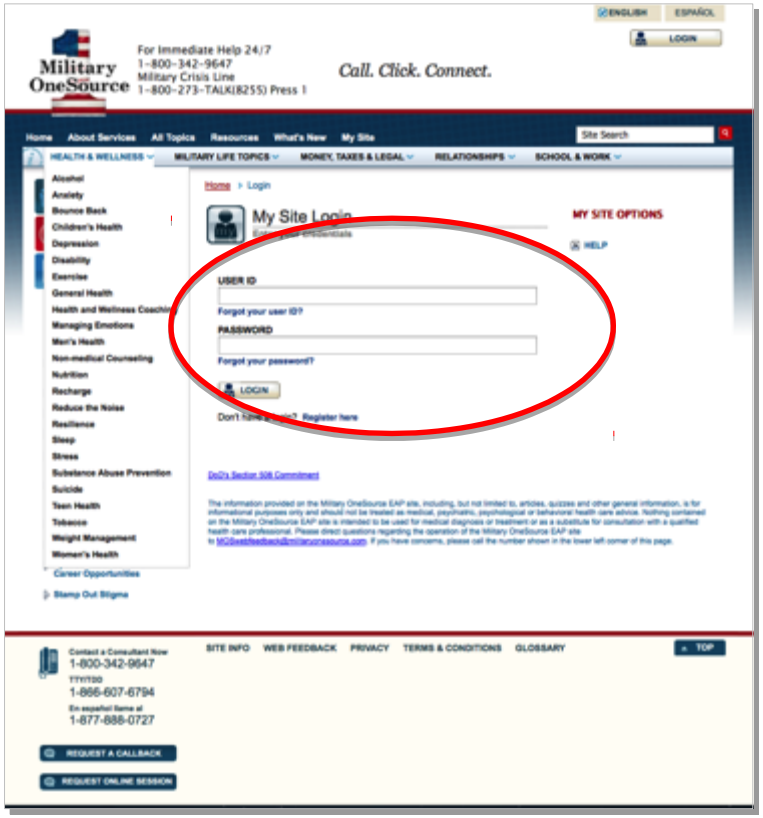
My Career Advancement Accounts Scholarship Program

- **Financial assistance for spouses of Service members in pay-grades of E1-E5, O1-O2 and W1-W2**
- **Up to $4,000 for education/training and license/credential in a portable career**
- **Financial assistance provided to more than 43,000 spouses in fiscal year 2012**
- **https://aiportal.acc.af.mil/mycaa/**

Military Spouse Employment Partnership

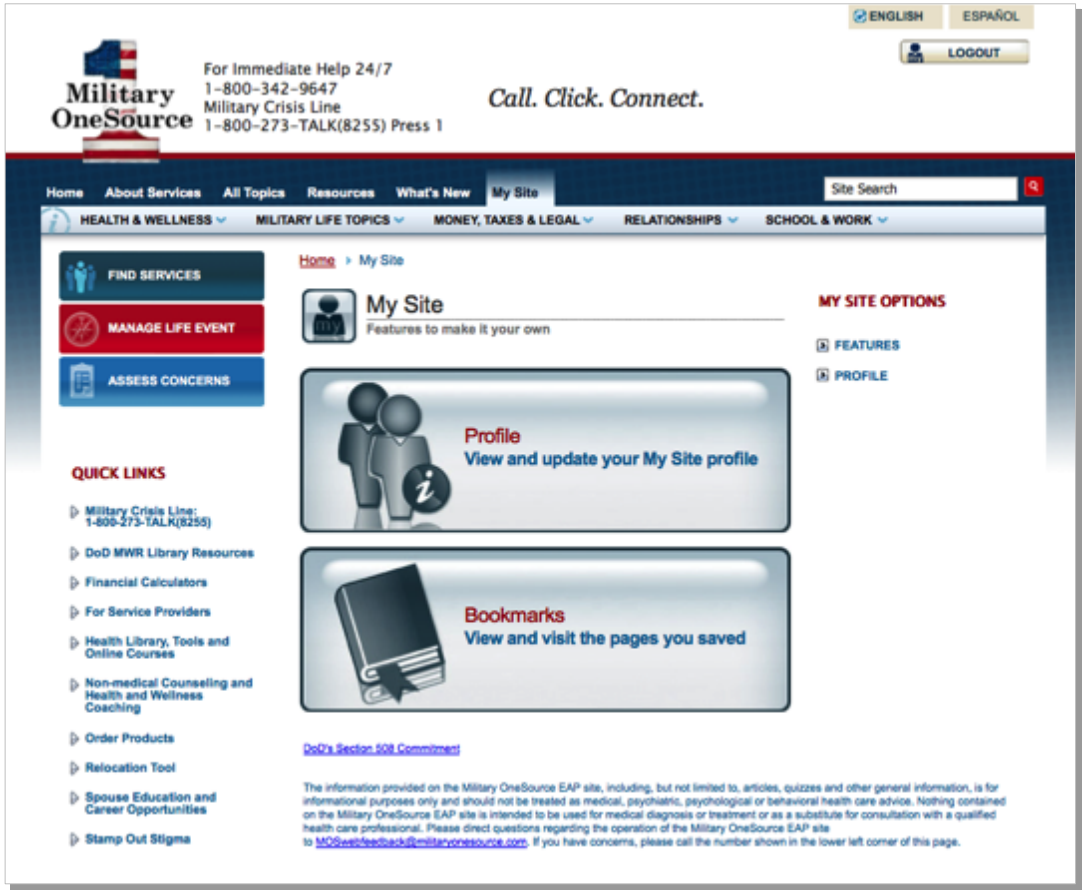
- **Web-enabled employment and career partnership connect military spouses with vetted Fortune 500 PLUS employers – 231 corporate partners**
- **Partners' Statements of Support to increase employment, provide career promotion opportunities and ensure pay equity for military spouses**
- **Spouse Ambassador Network**
- **https://msepjobs.militaryonesource.mil/**

Login



Military OneSource

Accessing Service Provider Home


ENGLISH
ESPAÑOL
LOGOUT
Military OneSource
For Immediate Help 24/7
1-800-342-9647
Military Crisis Line
1-800-273-TALK(8255) Press 1
Call. Click. Connect.
Home
About Services
All Topics
Resources
What's New
My Site
Site Search
HEALTH & WELLNESS
MILITARY LIFE TOPICS
MONEY, TAXES & LEGAL
RELATIONSHIPS
SCHOOL & WORK
FIND SERVICES
MANAGE LIFE EVENT
ASSESS CONCERNS
Home › My Site
My Site
Features to make it your own
MY SITE OPTIONS
FEATURES
PROFILE
Profile
View and update your My Site profile
Bookmarks
View and visit the pages you saved
QUICK LINKS
Military Crisis Line: 1-800-273-TALK(8255)
DoD MWR Library Resources
Financial Calculators
For Service Providers
Health Library, Tools and Online Courses
Non-medical Counseling and Health and Wellness Coaching
Order Products
Relocation Tool
Spouse Education and Career Opportunities
Stamp Out Stigma
DoD's Section 508 Commitment
The information provided on the Military OneSource EAP site, including, but not limited to, articles, quizzes and other general information, is for informational purposes only and should not be treated as medical, psychiatric, psychological or behavioral health care advice. Nothing contained on the Military OneSource EAP site is intended to be used for medical diagnosis or treatment or as a substitute for consultation with a qualified health care professional. Please direct questions regarding the operation of the Military OneSource EAP site to MOSwebfeedback@militaryonesource.com. If you have concerns, please call the number shown in the lower left corner of this page.

Military OneSource

Service Provider Home

ENGLISH
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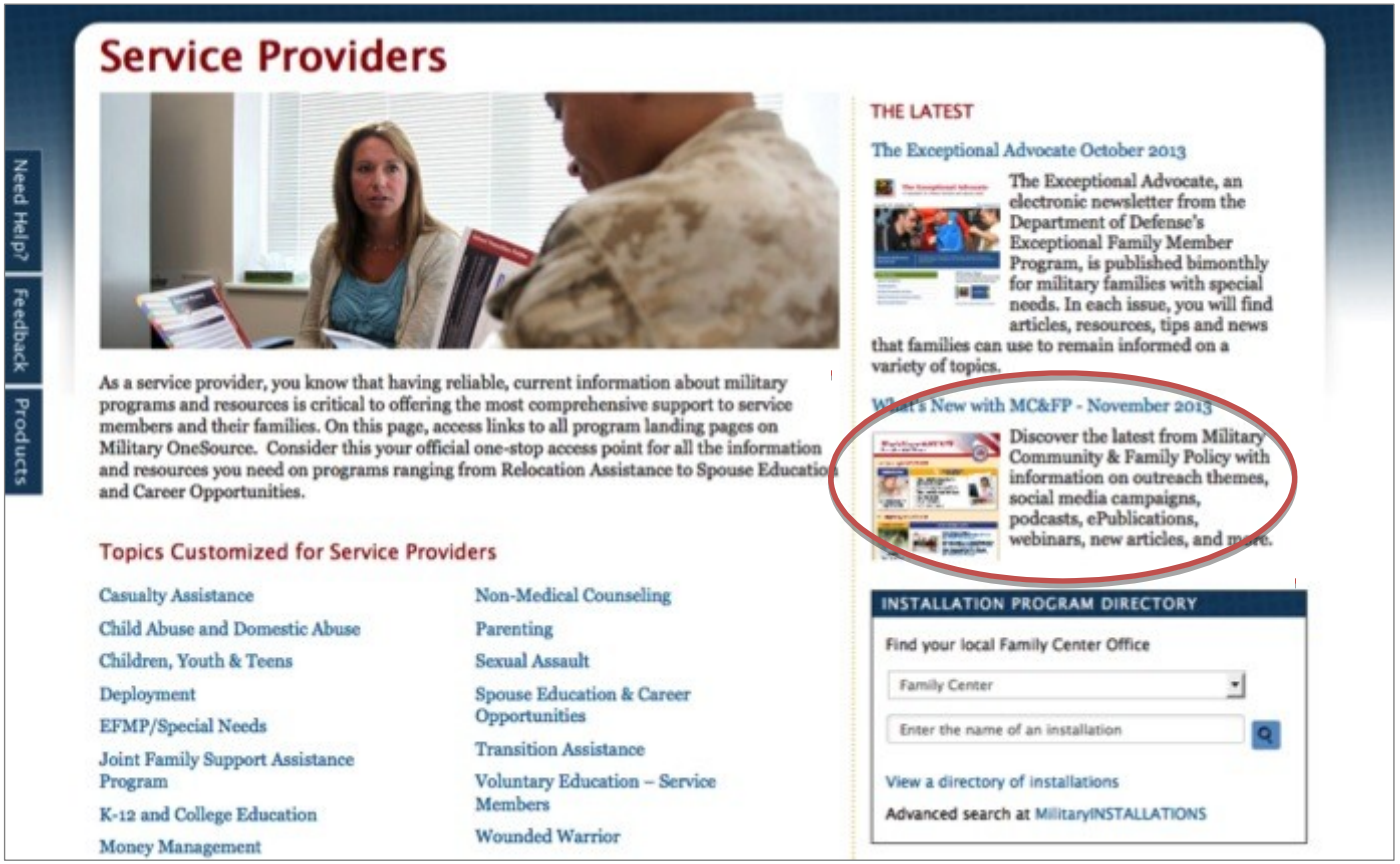
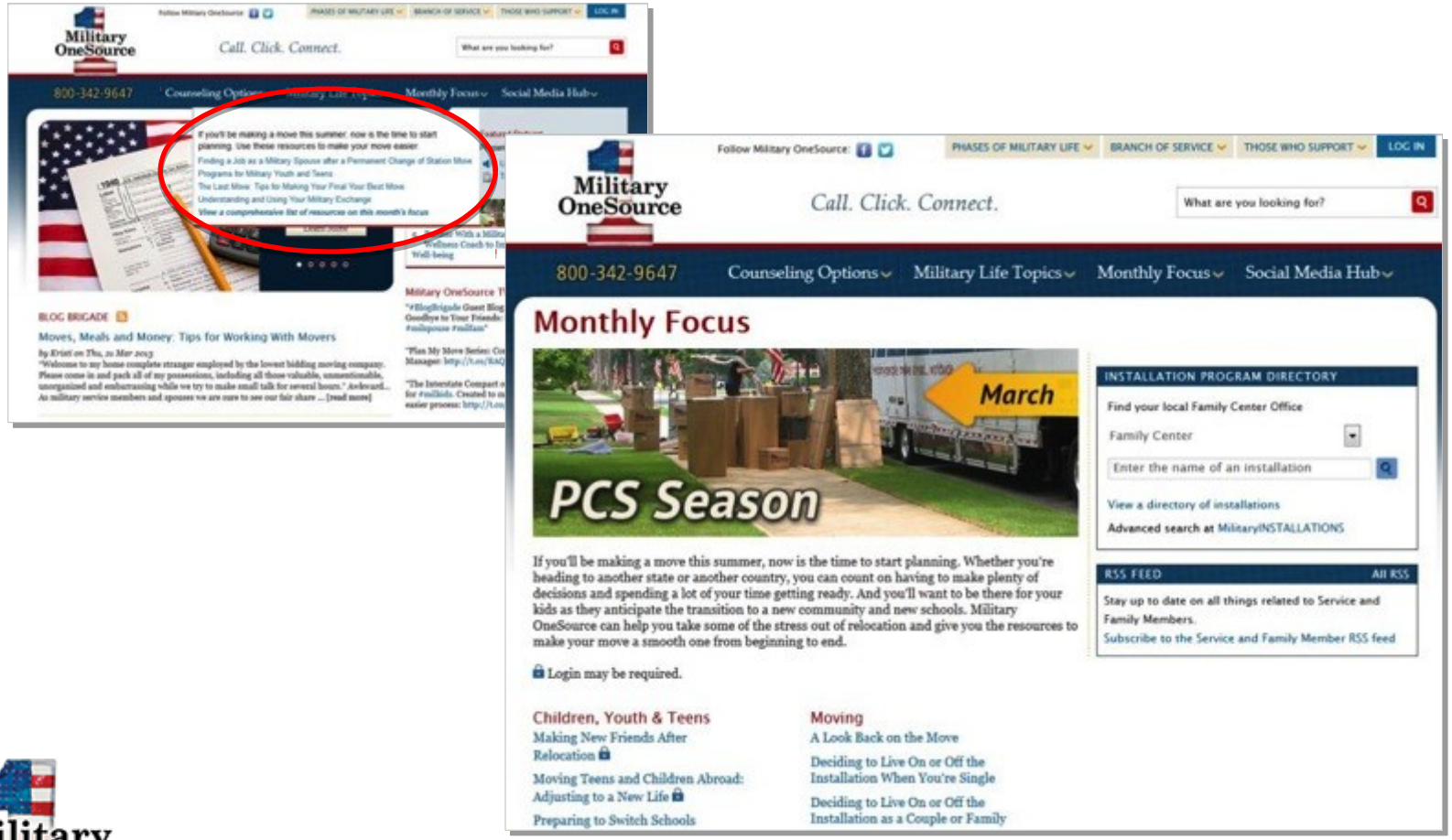
HEALTH & WELLNESS
MILITARY LIFE TOPICS
MONEY, TAXES & LEGAL
RELATIONSHIPS
SCHOOL & WORK
FIND SERVICES
MANAGE LIFE EVENT
ASSESS CONCERNS
Home › School & Work / For Service Providers › For Service Providers
For Service Providers
REVIEWED JAN 24, 2013
PRINT
EMAIL
PDF
BOOKMARK
MORE ON THIS TOPIC
READ ARTICLES
READ NEWS
ACCESS RESOURCES
ORDER EDUCATIONAL MATERIALS
SEE RELATED TOPICS
QUICK LINKS
Military Crisis Line: 1-800-273-TALK(8255)
DoD MWR Library Resources
Financial Calculators
For Service Providers
Health Library, Tools and Online Courses
Non-medical Counseling and Health and Wellness Coaching
Order Products
Relocation Tool
Spouse Education and Career Opportunities
Stamp Out Stigma
SUMMARY
The tools in this section will help service providers spread the word about all of the services Military OneSource offers.
Military OneSource is free to service members and their eligible family members. Your work will help them build on their strengths, teach them to maximize their support systems, and help them find community resources to meet their needs. The following tools will help you spread the word about all of the services Military OneSource offers.
Read Member Resources at a Glance
Read about the Military Spouse Employment Partnership
Visit the Military Spouse Employment Partnership Jobs Board
Events and Presentations
Find materials to help you spread the word about Military OneSource services.
Military OneSource eNewsletter
Find out what's happening at Military OneSource with this monthly newsletter. Get updates, announcements, and general information about our services.

Service Provider Resources

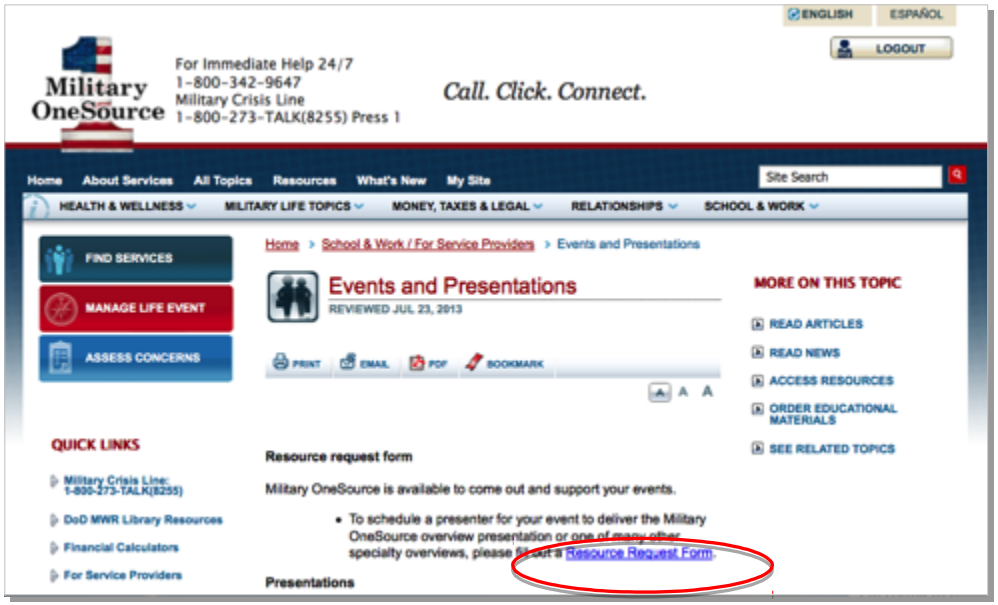

Need Help?
Feedback
Products
Service Providers
As a service provider, you know that having reliable, current information about military programs and resources is critical to offering the most comprehensive support to service members and their families. On this page, access links to all program landing pages on Military OneSource. Consider this your official one-stop access point for all the information and resources you need on programs ranging from Relocation Assistance to Spouse Education and Career Opportunities.
Topics Customized for Service Providers
Casualty Assistance
Child Abuse and Domestic Abuse
Children, Youth & Teens
Deployment
EFMP/Special Needs
Joint Family Support Assistance Program
K-12 and College Education
Money Management
Non-Medical Counseling
Parenting
Sexual Assault
Spouse Education & Career Opportunities
Transition Assistance
Voluntary Education – Service Members
Wounded Warrior
THE LATEST
The Exceptional Advocate October 2013
The Exceptional Advocate, an electronic newsletter from the Department of Defense's Exceptional Family Member Program, is published bimonthly for military families with special needs. In each issue, you will find articles, resources, tips and news that families can use to remain informed on a variety of topics.
What's New with MC&FP - November 2013
Discover the latest from Military Community & Family Policy with information on outreach themes, social media campaigns, podcasts, ePublications, webinars, new articles, and more.
INSTALLATION PROGRAM DIRECTORY
Find your local Family Center Office
Family Center
Enter the name of an installation
View a directory of installations
Advanced search at MilitaryINSTALLATIONS

Military OneSource

Monthly Focus


Military OneSource
Call. Click. Connect.
800-342-9647
Counseling Options
Military Life Topics
Monthly Focus
Social Media Hub
Monthly Focus
March
PCS Season
If you'll be making a move this summer, now is the time to start planning. Whether you're heading to another state or another country, you can count on having to make plenty of decisions and spending a lot of your time getting ready. And you'll want to be there for your kids as they anticipate the transition to a new community and new schools. Military OneSource can help you take some of the stress out of relocation and give you the resources to make your move a smooth one from beginning to end.
Login may be required.
Children, Youth & Teens
Making New Friends After Relocation
Moving Teens and Children Abroad: Adjusting to a New Life
Preparing to Switch Schools
Moving
A Look Back on the Move
Deciding to Live On or Off the Installation When You're Single
Deciding to Live On or Off the Installation as a Couple or Family
INSTALLATION PROGRAM DIRECTORY
Find your local Family Center Office
Family Center
Enter the name of an installation
View a directory of installations
Advanced search at MilitaryINSTALLATIONS
RSS FEED
All RSS
Stay up to date on all things related to Service and Family Members.
Subscribe to the Service and Family Member RSS feed
Moves, Meals and Money: Tips for Working With Movers

Events and Presentations



Presentation tools
Military OneSource Video: Play this Military OneSource video highlighting the stories of three people whose lives benefited from the resources of Military OneSource. (10 min)
Train-the-Trainer Webinar
Military OneSource (MOS) Train-the-Trainer webinars are designed to prepare an individual to provide a presentation to others on MOS support services. These training sessions offer an opportunity to learn about MOS services, receive tips on presenting the information, and interact with an experienced Military OneSource presenter. Sessions last approximately one hour.
Train-the-Trainer sessions are available by appointment only. To schedule an appointment contact Tina Piechoski at Christina.piechoski@militaryonesource.com.

Military OneSource

Military OneSource eNewsletter

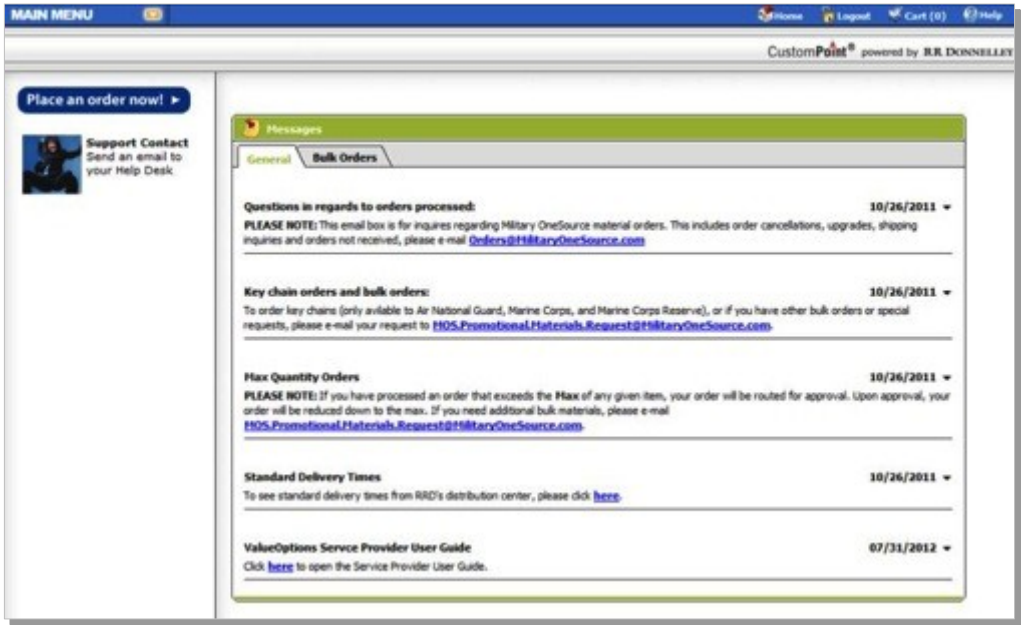
- Subscribe to the newsletter
- View current and archived issues

Military OneSource
eNewsletter
March 2013
HEALTHY LIVING
FAMILY LIFE IN THE MILITARY
PERSONAL & FAMILY READINESS
CAREER & EDUCATION
With the proper steps, your next move can be an exciting adventure that brings your family closer.
Read Article »
If you're facing a move after the loss of a loved one, support is available.
Read Article »
Do you experience changes in your mood that seem to come and go at the same times each year?
Read Article »
Take control of your career by planning ahead, developing portable skills and using resources.
Read Article »
TOOLS & RESOURCES
The Transitional Compensation Program helps victims of abuse through transition.
Read Article »
NOT A SUBSCRIBER?
Subscribe
GET HELP 24/7
Contact a Consultant Now
800.342.9647
USA.gov
Accessibility | Disclaimer | DoD No Fear Act | FOIA | Privacy & Confidentiality Policy

Military OneSource

Orderable Materials

- Order Military OneSource promotional materials


MAIN MENU
Home
Logout
Cart (0)
Help
CustomPoint powered by R.R. DONNELLEY
Place an order now!
Support Contact
Send an email to your Help Desk
Messages
General
Bulk Orders
Questions in regards to orders processed:
10/26/2011
PLEASE NOTE: This email box is for inquires regarding Military OneSource material orders. This includes order cancellations, upgrades, shipping inquiries and orders not received, please e-mail Orders@MilitaryOneSource.com
Key chain orders and bulk orders:
10/26/2011
To order key chains (only avilable to Air National Guard, Marine Corps, and Marine Corps Reserve), or if you have other bulk orders or special requests, please e-mail your request to HOS.PromotionalMaterials.Request@MilitaryOneSource.com.
Max Quantity Orders
10/26/2011
PLEASE NOTE: If you have processed an order that exceeds the Max of any given item, your order will be routed for approval. Upon approval, your order will be reduced down to the max. If you need additional bulk materials, please e-mail HOS.PromotionalMaterials.Request@MilitaryOneSource.com.
Standard Delivery Times
10/26/2011
To see standard delivery times from RRD's distribution center, please click here.
ValueOptions Servce Provider User Guide
07/31/2012
Click here to open the Service Provider User Guide.

Printable Materials

- Flyers
- Topical lists
- Program overview

What can Military OneSource do for you?
HEALTH COACHING
IMPROVE YOUR HEALTH - FOR LIFE!
Changing habits is easier when you have the information, tools and support that you need. Our professional coaches can help you reach your health goals and stick with them for life.
Our coaches can help with an array of health and wellness issues, including but not limited to:
• Weight loss
• Fitness and exercise
• Healthy eating
• General health and wellness goals
You can participate in sessions by phone or online, whichever you prefer.
A coach can help you:
• Identify your beliefs, values, and vision
• Create an action plan to achieve your goals
• Eliminate roadblocks or barriers that stand in the way
• Celebrate your success
The coaches provide you with information, support, encouragement and accountability, so that you can attain your goals and achieve your maximum potential!

Flyers

Coming Home Flyer
Deployment Resources Flyer
Double Duty Flyer
EFMP Special Needs Flyer
Financial Counseling Flyer
Health Coaching
Health Library
Health and Wellness
Military Spouses Brochure
Money Matters Flyer
Promotional Tools Flyer
Relocation Flyer
Sesame Street - Talk, Listen, Connect Flyer
Sesame Street - When Families Grieve Flyer
Short-term Solution-focused Telephonic Consultations
Take Charge of Your Money CD Flyer
Tax Preparation and Filing Services Flyer
What Can Military OneSource Do For You Flyer
What Can Military OneSource Do For You Flyer (Spanish)

Military OneSource

Finding Information and Products

- Click to quickly access information available through Military OneSource.

Affiliate Provider Information

- Affiliate provider network criteria
  - Master's degree or higher
  - Five years post-master's clinical experience
  - Minimum three years employee assistance program experience
- More information on additional criteria and joining the network can be found at http://www.valueoptions.com/providers

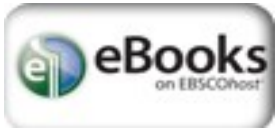
Social Media Hub

Follow Military OneSource:
PHASES OF MILITARY LIFE
BRANCH OF SERVICE
THOSE WHO SUPPORT
LOG IN
Military OneSource
Call. Click. Connect.
What are you looking for?
800-342-9647
Counseling Options
Military Life Topics
Monthly Focus
Social Media Hub
Social Media Hub
Like 3
Tweet 0
+1 1
Share
Military OneSource
Find information to support you through every phase of military life.
Military Community and Family Policy
Join the conversation on the latest quality of life information and policies.
Military Spouse Employment Partnership
Stay informed of latest career opportunities and connect with other military spouses.
Need Help?
Feedback
Products
BLOG BRIGADE
Use It Up, Wear It Out, Make It Do or Do Without!
by Kelli on Thu, 21 Feb 2013
During the Great Depression, just prior to the U.S. involvement in World War II, the phrase "Use it up, wear it out, make it do or do without" was more than a family adage; it was a national truism. Today's national truism is "Get it now, get it fast and if it breaks, get a ... [read more]
VIDEOS
All Videos
CJCS with Rosita singing "Sunny Day"
May 10, 2012 | 495 Views
PODCASTS
All Podcasts
Disaster Preparedness
Listen
Transcript (PDF)
MOBILE
Call. Click. Connect. Right from the palm of your hand! Go mobile!
Upcoming WEBINARS
All Webinars
Select a title to learn more and register.
Mar. 12 Moving with an IEP - 10:00 a.m. EST
Mar. 14 Moving with an IEP - 6:00 p.m. EST
View all webinars
Looking for past webinars? View the archives.
DISCUSSION BOARDS
An online platform where participants can discuss topics related to military life that are important to service members and their families.
MODERATED CHATS
Live, interactive online events where you can share your ideas, opinions, and experiences on a variety of topics.
WIDGETS
Widgets are online applications that display featured information on your web page, blog, social networking site, or other sites.
SOCIAL MEDIA GUIDE (PDF)
Guidelines structured to provide open, interactive social media channels where all users can engage and connect.

Military OneSource

Online Library Resources

Audio books, e-books, research, tutoring, exam prep, résumé builder and more!



Military OneSource

Access

You can expect:

- 24/7/365 worldwide access
- Master's-level consultants to answer your questions
- Objective, experienced and caring people
- Up-to-date and useful information
- No cost
- A commitment to quality

Toll-Free telephone
800-342-9647

MilitaryOneSource.mil

m.MilitaryOneSource.mil

Email your questions
to a consultant

Interaction with trained
outreach professionals

Military OneSource

Questions?

Call. Click. Connect.

800-342-9647 MilitaryOneSource.mil